

MONTH J – PROGRAM CONTENT

Learning how to get meaning out of reading.
 Preparing to read in public.
 Supplying strategies to get homework done on time.
 Gaining ideas on how to learn times tables.
 Introducing four inspirational people with learning difficulties and how they overcome their issues.
 Reviewing the learning achieved by students during the Month J program.

Tips For Life	Inspirational Interview
<p>J-6 21mins.</p> <p>Playing The School Game – Comprehension.</p> <p><i>Lesson Content:</i></p> <ul style="list-style-type: none"> • Learning comprehension. • How to get meaning out of your reading. • Initial reading using tracking of the story Crocodiles and Alligators – Can you tell them apart? • Looking for the relevant details. • Interactive highlighting. • Multiple choice questions to practice comprehension. 	<p>J-7 11mins.</p> <p>International Retail Sales Consultant.</p> <p><i>Learning Difficulty:</i></p> <ul style="list-style-type: none"> • Early education in the United Kingdom and discovered learning difficulties at 6 years old. • Still struggles to verbalise numbers and reading out loud. <p><i>Support Received:</i></p> <ul style="list-style-type: none"> • Had a lot of teacher and parental support and encouragement through the state school system in Australia. • Loved art and drama. Good at learning through auditory processing and memory. <p><i>Achievements:</i></p> <ul style="list-style-type: none"> • Completed year 12 without math's. Did other electives such as visual communications. • Traveled interstate and completed tertiary study in costume design. • Now working in fashion and travels overseas with current job. • Still determining a career path and staying positive about the future. <p><i>Advice To Other Students:</i></p> <ul style="list-style-type: none"> • Don't be afraid to try lots of career paths and stay positive about the future. • Find like-minded supportive friends. • Don't be afraid to follow your own dreams. <p>Student Weekly Review J1-J7.</p>
<p>J-13 12mins.</p> <p>Reading In Public.</p> <p><i>Lesson Content:</i></p> <ul style="list-style-type: none"> • Learning to read in public • Strategies to help you read aloud. • Preparation. • Break the words into syllables. • Increase the font size. • Highlight key words using colour. • Highlight key vowel and consonant combinations using colour. • Use your own codes for phonics or your own. • Practice in front of a mirror. • Breathe, read slowly and look up occasionally. 	<p>J-14 12mins.</p> <p>Mother and Grandmother.</p> <p><i>Learning Difficulty:</i></p> <ul style="list-style-type: none"> • Josie didn't really have learning difficulties but did not have the same opportunities that are available to girls today. • Enjoyed primary school and went to a girl's technical school, which also taught dressmaking, cooking or shorthand and typing. • Expectations for girls were to get a job and find a husband. <p><i>Support Received:</i></p> <ul style="list-style-type: none"> • Josie always had family support. <p><i>Achievements:</i></p>

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	<ul style="list-style-type: none"> • Worked in an office and was trained “on the job” as a dental nurse. • Josie has raised four children, and used learnt skills of dressmaking and cooking together with gardening. • When Josie worked at a women’s refuge, she saw the struggles others had in life. • Completed VCE English and Australian history as a mature age student just for the joy of learning. <p><i>Advice To Other Students:</i></p> <ul style="list-style-type: none"> • Sometimes being happy and successful can mean you have a warm bed at night, a roof over your head and a full tummy. • Appreciate life and all it has to offer and never stop learning no matter what the subject is, that interests you. <p>Student Weekly Review J8-J14.</p>
<p>J-20 14mins.</p> <p>Tips To Get Homework Done On Time.</p> <p><i>Lesson Content:</i></p> <ul style="list-style-type: none"> • Talking about and understanding the task. • How long should it take to do? • Create a plan with timeframes. • Add references and equipment required. • Organise when and where you will work. • Removal of distractions. • Eat and drink while you work to aid thinking. • Checking on progress. • Using timers to take a break. • Seek assistance if you find a block. • If disaster strikes, advise teachers as soon as possible. 	<p>J-21 18mins.</p> <p>Successful Café Business Owner.</p> <p><i>Learning Difficulty:</i></p> <ul style="list-style-type: none"> • Dominic did not speak until about 5 years of age and used mime to communicate. • Struggled with handwriting and felt isolated up to Grades 5 and 6 • Dominic suffers from anxiety and uses many strategies to overcome symptoms and control them. <p><i>Support Received:</i></p> <ul style="list-style-type: none"> • Dominic had great support from his parents. • Completed year 10 with adjusted learning outcomes and attempted a Tertiary Adult Learning course. • Dominic tried twice to get an apprenticeship in carpentry but struggled multitasking. <p><i>Achievements:</i></p> <ul style="list-style-type: none"> • Now successful café owner and has a team of staff working with and assisting him. • Would like to create a mentor program for young people with learning difficulties. <p><i>Advice To Other Students:</i></p> <ul style="list-style-type: none"> • Seek out people who will support you and help you in both learning and confidence building. • If you fail at something you have set for yourself, don’t be afraid to have another go. • There are many resources and techniques available to help you get to where you want to go and be who you want to be. <p>Student Weekly Review J15-J21.</p>
<p>J-27 12mins.</p> <p>Playing the school game – Times tables</p> <p><i>Lesson Content:</i></p> <ul style="list-style-type: none"> • Using a times tables grid. • Most problematic 6’s, 7’s and 8’s. • Using the army academy chant concept. 	<p>J-28 17mins.</p> <p>Physical Education Teacher and Business Owner.</p> <p><i>Learning Difficulty:</i></p> <ul style="list-style-type: none"> • Liz learnt by visual aids such as videos. • Liz was able to read but didn’t enjoy it. • Her comprehension took longer as she had to recreate it in a way that she understood. <p><i>Support Received:</i></p> <ul style="list-style-type: none"> • A private tutor assisted Liz in years 10, 11, 12. <p><i>Achievements:</i></p> <ul style="list-style-type: none"> • Completed University and became a Physical Education teacher.

	<ul style="list-style-type: none">• Liz successfully set up a business running physical education camps for children and runs many After School Care programs - Camp Australia. <p><i>Advice To Other Students:</i></p> <ul style="list-style-type: none">• Sometimes seeing real life experiences can assist with learning better than reading. <p><i>Student Weekly Review J22-J28.</i></p>
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