

## MONTH E – PROGRAM CONTENT

### Key Concepts:

More strategies to assist students with their memory retention.

Techniques people often use as a defense when labeled as dumb.

Strategies to help deal with stress.

Introducing four inspirational people with learning difficulties and how they overcome their issues.

Reviewing the learning achieved by students during the Month E program.

Tips For Life	Inspirational Interview
<p><b>E-6</b> <span style="float: right;">16mins.</span></p> <p>Strategies To Help You Remember.</p> <p><i>Lesson Content:</i></p> <ul style="list-style-type: none"> <li>Utilising numerical and colored patterns.</li> <li>Utilising associations.</li> <li>Formalising alphabetical order.</li> <li>Dividing into categories or groups.</li> <li>Utilising chunking.</li> </ul>	<p><b>E-7</b> <span style="float: right;">12mins.</span></p> <p><b>Title?</b> Libby</p> <p><i>Learning Difficulty:</i></p> <ul style="list-style-type: none"> <li>Libby was diagnosed with Auditory Processing Difficulties.</li> <li>On her first day of secondary school, she had difficulty understanding loud speaker announcements.</li> <li>Libby suffered anxiety and did not enjoy school.</li> </ul> <p><i>Support Received:</i></p> <ul style="list-style-type: none"> <li>Introducing Max the talking dog.</li> </ul> <p><i>Achievements:</i></p> <ul style="list-style-type: none"> <li>Liked creative, hands on subjects but struggled with instructions.</li> </ul> <p><i>Advice To Other Students:</i></p> <ul style="list-style-type: none"> <li>Libby rewrites her own instructions in a way she can understand and has learnt strategies to cope.</li> </ul> <p><i>Student Weekly Review E1-E7.</i></p>
<p><b>E-13</b> <span style="float: right;">12mins.</span></p> <p>More Strategies To Help You Remember.</p> <p><i>Lesson Content:</i></p> <ul style="list-style-type: none"> <li>Utilising images.</li> <li>Visualising locations.</li> <li>Creating stories.</li> <li>Utilising mnemonics.</li> <li>Engaging multi-sensory techniques.</li> </ul>	<p><b>E-14</b> <span style="float: right;">19mins.</span></p> <p>Successful Businessman and Entrepreneur.</p> <p><i>Learning Difficulty:</i></p> <ul style="list-style-type: none"> <li>Andrew found school difficult and struggled in english and maths up until year 7.</li> <li>Did not discover until later in life, he was not comprehending what he was reading.</li> </ul> <p><i>Support Received:</i></p> <ul style="list-style-type: none"> <li>Started extra assistance classes in Year 3.</li> <li>Andrew received extra tutoring in secondary school.</li> <li>Andrew enjoyed and had access to many outdoor and indoor sporting activities.</li> </ul> <p><i>Achievements:</i></p> <ul style="list-style-type: none"> <li>Finished secondary school and went on to University and achieved a double degree.</li> <li>Andrew is a successful businessman running his own companies.</li> </ul> <p><i>Advice To Other Students:</i></p> <ul style="list-style-type: none"> <li>Work hard and follow your dreams. Try to do activities you enjoy and stay confident.</li> </ul> <p><i>Student Weekly Review E8-E14.</i></p>

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<p><b>E-20</b> <span style="float: right;">13mins.</span></p> <p>Indicators People May Use When Labeled As Dumb.</p> <p><i>Lesson Content:</i></p> <ul style="list-style-type: none"> <li>• Reactive behaviour to formal learning difficulties.</li> <li>• Introducing awareness of counter strategies used by labeled people.</li> <li>• Alternative strategies based on strengths and seeking help.</li> </ul>	<p><b>E-21</b> <span style="float: right;">12mins.</span></p> <p>Teenage Secondary School Student.</p> <p><i>Learning Difficulty:</i></p> <ul style="list-style-type: none"> <li>• Stuart has Visual Auditory Dyslexia, which was noticed at around 7 years of age.</li> <li>• Stuart repeated Grade Prep and has strengths in vocabulary but struggles to read.</li> <li>• Suffered bullying from some students.</li> </ul> <p><i>Support Received:</i></p> <ul style="list-style-type: none"> <li>• Receives a lot of support from close friends at school.</li> </ul> <p><i>Achievements:</i></p> <ul style="list-style-type: none"> <li>• Stuart has great verbal communication skills.</li> </ul> <p><i>Advice To Other Students:</i></p> <ul style="list-style-type: none"> <li>• Surround yourself with supportive friends at school.</li> <li>• Find a teacher who is right for you to assist in learning.</li> <li>• Stuart has learnt that support is a fine line between someone holding your hand and engaging in learning.</li> </ul> <p><i>Student Weekly Review E15-E21.</i></p>
<p><b>E-27</b> <span style="float: right;">13mins.</span></p> <p>Strategies To Deal With School Stress.</p> <p><i>Lesson Content:</i></p> <ul style="list-style-type: none"> <li>• Understanding life is full of ups and downs.</li> <li>• Dealing with stress comes from within.</li> <li>• Identifying stressful situations.</li> <li>• Preparation for stressful situations.</li> <li>• Using others for support.</li> <li>• Containing a stressful moment and learning to let it go.</li> </ul>	<p><b>E-28</b> <span style="float: right;">12mins.</span></p> <p>International Music Producer/Singer/Songwriter - <b>Part One.</b></p> <p><i>Learning Difficulty:</i></p> <ul style="list-style-type: none"> <li>• Tommy struggled at school and found reading difficult.</li> <li>• Reading music seemed easy compared to reading English.</li> </ul> <p><i>Support Received:</i></p> <ul style="list-style-type: none"> <li>• Tommy has always loved music and was good at performing from an early age.</li> <li>• Tommy was able to earn respect at school with his musical skills.</li> <li>• Tommy found a mentor to help with his work. John Reid - Former rock band manager to Elton John and the rock band, Queen. (To be continued...)</li> </ul> <p><i>Student Weekly Review E22-E28.</i></p>